

Newsletter

January 2025

Dear readers

With the January 2025 newsletter, I would like to once again draw your attention to some of the trekking, fairy tales, myths and legends that can be found in this beautiful region of **Banepa** (Dhulikhel), 30 kilometers from Kathmandu, in addition to the travel information on my website www.nepaltravelsandtours.com. – They know of a princess there, who was called Chandeswari (Goodess of the Moon). Read the summary of this legend here and now:

“It is said that, as she grew up, the fame of her beauty spread to the winds and that a demon fell in love with her. This demon, however, was unimaginably ugly and every time the princess saw him, she fainted. One day he spotted her in her garden. He went to her. In terror, she fled into the forest and hid in a tree trunk. He ran after her and found the tree. He conjured up an axe and chopped down the tree. The tree bled and he knew he had killed the princess. Horrified, he threw himself on the ground and screamed so loudly that all the world could hear him. – Now the princess’s mother lived in Kathmandu. She was a terrible woman, a cannibal. When she heard about this, she ran into the forest and saw the demon lying by the tree he had felled. She brewed some wine in her hand, added poison to it and poured the drink into his mouth. He fell dead on the spot. – In Chandeswari’s honour, a temple was built, where the tree was.”



Everyone needs a break from the daily grind and what could be better than a beautiful adventure like hiking and trekking in **Banepa**. Take a look at the lush green mountains, waterfalls and gorges and immerse yourself in the beauty of nature. Become a part of one of the popular trekking groups. Plan and explore the best camping sites and trekking locations in the Banepa region now and create beautiful memories with and thanks to us. We are happy to advise you and look forward to your inquiry. – Thanks for read and visit Nepal soon.

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