

Newsletter

April 2025

Dear readers,

With the april 2025 newsletter, I would like to once again draw your attention to some fairy tales, myths and legends, in addition to the travel information on my website www.nepaltravelsandtours.com, this time from the beautiful region of Lake Rara:

"One day, a hermit came to the valley and asked the villagers for food, but a foolish woman gave him a handful of ashes instead. The hermit immediately turned around and went back the way he had come, telling all the good people who had given him alms to go up the mountain. He himself went up as well, and then, with a blow of his hand, he broke his pitcher, and the water inside ran down the slope. There was a never-ending stream of water until the village disappeared under the flood and the entire valley became a lake.

Now a holy man who lived on a mountain to the east of the lake knew what was happening. He told himself that his own importance would be lost if the water came from the east. So he pushed against the hill to the south and cleared the way for the water to flow down. And so the lake took on its present form."



Rara Lake, fondly christened the "Queen of Lakes" by the Nepali people, reigns supreme at an altitude of 2,990 meters (9,842 feet). This deepest and the biggest freshwater lake in Nepal wonder, sprawling over 10.8 square kilometers (4.2 square miles). The lake boasts crystal-clear waters reflecting the grandeur of the Himalayas that form its dramatic backdrop. Rara Lake is surrounded by lush coniferous forests teeming with diverse flora and fauna. And exudes an aura of serenity, beckoning trekkers seeking solace in nature's embrace. The Rara Lake Trek caters to trekkers of moderate experience, offering a rewarding challenge with manageable daily ascents. The typical itinerary ranges from 9 to 14 days, with the option for shorter or extended treks depending on your preferences. The journey usually commences in the bustling capital city of Kathmandu, where you can immerse yourself in the vibrant culture before embarking on your adventure.

Kontakt: Peter C. Langendorf - Austrasse 20 - CH-4051 Basel - 0041 78 800 21 34 - peterlangendorf@gmx.com

