

Newsletter

August 2025

Dear Readers

With the August 2025 newsletter, I would like to arouse your interest in July and its apple orchards, its ancient valleys and hiking trails to Rara. This in addition to the travel information on my website www.nepaltravelsandtours.com. **Jumla is not just a stopover!**



Jumla is the ideal starting point for many of Nepal's most remote treks and offers routes that are both beautiful and culturally enriching:

Jumla – Rara-Lake, Duration: 7 – 10 days, Highlights: Villages, forests, Rara-Lake, self-sufficient experience

Jumla – Dolphu, Trek duration: 15 – 20 days, Highlights: Buddhist culture, remote villages, rugged terrain

These trekking tours are best suited for spring (March – May) or fall (September – November). You often have the entire landscape to yourself and the trails are much less crowded.

“Long ago, a wise man named Chandannath came to Jumla. He brought with him two things: Rice and a sacred image. He taught the people how to cultivate rice in the valley – advice that is reverently followed to this day. The sage built a small shrine for the image, but no sooner had he finished than a pair of giant snakes hissed toward him, intending to destroy it. Then, however, a storm arose from the image so strong, that the snakes were blown a mile away and there they lay, coiled, motionless, until they froze into mounds. The good people of Jumla will readily point out these enormous snakes – two similar mounds equidistant from the airfield – to the incredulous visitor. And they will swear that the hissing of the snakes can clearly be heard – provided, of course, that the wind dies down for a while.”

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